

Wednesday 10 April 2024

---

**Chief Officer, Moray Health & Social Care Partnership** Simon Bokor-Ingram, Chief Officer for the Moray Health and Social Care Partnership, and the Moray Portfolio Lead, will step down from his role at the end of May. Simon will move to a part time role, working two days a week on specific projects for NHS Grampian. Simon said: "I am very proud of what the team delivers, each and every day, across Moray in community and acute settings, and I am honoured to have had the opportunity to work with such dedicated people. Unfortunately, my ongoing long term health condition means I cannot maintain the energy required for the leadership role of the Chief Officer, and I have made the difficult decision to step down."

Further information about interim arrangements will be shared in due course.

**Shale car park - Foresterhill** At the end of last year we announced a reduction in spaces in the shale car park to allow essential works on the Flood Mitigation programme. This reduction - of 25 spaces - will be permanent. We know car parking on this site is a concern for many of you and we want to stress there remain 593 spaces in the shale, and a further 227 in the tarmac car park. In addition, we continue to share the multi-story car park, from Level 6 and above. As a reminder, our request to vary the planning conditions for the multi-storey car park and make this arrangement permanent has been submitted to Aberdeen City Council. [You can see the full application, and make comments, here.](#)

The Flood Mitigation programme is linked to both the new mortuary and the Greenspace projects. There is a clear need to develop an integrated water management system across the whole Foresterhill site, not only for the benefit of those on-site, but to manage wider flood impact on the Denburn.

**World Parkinson's Day** This global event takes place tomorrow. Locally, we have pledged to support a UK wide campaign to ensure Time Critical Medications in Parkinson's are given on time, every time whilst a person with Parkinson's is in hospital. We know not giving regular medications in a timely way leads to an increase in hospital stay, a decline in mobility, speech, and swallowing and can lead to pain. This short 3-minute video is designed for all staff, regardless of role, to raise awareness of importance of this: [NHS Time Critical Medication Mandatory Training \(youtube.com\)](#)

In the coming months we will be introducing guidance to all Senior Charge Nurses on adult wards, outlining some simple steps to help ensure a person with Parkinson's gets their medications on time whilst in hospital. If you'd like more information about this, please get in touch with Dr Zoe Muir [zoe.muir@nhs.scot](mailto:zoe.muir@nhs.scot). If you work with people with Parkinson's we are holding a Parkinson's Excellence Network educational afternoon on 19 June in the Suttie Centre, from 1.30-4pm. If you'd like to attend, please email [smatson@parkinsons.org.uk](mailto:smatson@parkinsons.org.uk) This regional event will be a great opportunity to network and learn, bringing together services across the North of Scotland.

**Top Up Degree Study Skills Sessions** Working with RGU, we have arranged two study skills sessions for candidates hoping to apply for the next cohort of the Top-Up Degree (BSc Professional Practice). These will take place on Tuesday 14 May 10am-12noon and Thursday 16 May 1-3pm. Further [information can be found on the Practice Education intranet page](#) (networked devices only). Please contact [gram.topupdegree@nhs.scot](mailto:gram.topupdegree@nhs.scot) if you wish to attend.

**Free Voter ID** Voters in Scotland now need to show photo ID to vote at polling stations in some (not all) elections. If you do not have a suitable form of ID you can apply for a free voter ID document, known as a Voter Authority Certificate. There is more information available on the Electoral Commission website: [Voter ID | Electoral Commission](#)

### **We Care Wellbeing Wednesday**

- **Spaces for Listening** This is a simple and lightly structured process which creates a space for colleagues to come together to share their thoughts and feelings. It is confidential, there is no hierarchy, and we all participate as people. [There's more information on Turas \(log-in required\)](#). There are 2 sessions this month: this Friday (12 April), 1-2pm (contact [fiona.sharple@nhs.scot](mailto:fiona.sharple@nhs.scot) to book); and 24 April, 8.30-9.30am (contact [agnieszka.stephen@nhs.scot](mailto:agnieszka.stephen@nhs.scot) to book).
- **Action for Happiness: Active April** This month's Action for Happiness theme is all about staying active and looking after yourself through new and fun activities – it highlights bite-size daily tasks to get moving and spend as much time as possible outdoors. You can view the calendar here, and download it in a range of languages: [Active April | Action for Happiness](#)

**Tune of the day** Dougie Cameron, senior charge nurse on Ashcroft ward at Inverurie Hospital, makes today's request. He has just a few days left in this post, as he's off to a new role within the Hospital@Home team. Dougie has asked for [A Hero's Death](#) by Fontaines DC, dedicated to all his colleagues on the ward, across Aberdeenshire, and at Royal Cornhill for their support and friendship (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)