

Thursday 28 September 2023



[This month, Employee Director Steven Lindsay puts your questions to Deputy Chief Executive Adam Coldwells](#) who is filling in for Caroline. With a lot of topics covered, Adam seeks to reassure colleagues that NHS Grampian are looking at "all options" for car parking on the Foresterhill site, responds to criticism of the decision not to reopen staff gyms, and addresses the importance of whistleblowing for the organisation. As always, we know most people aren't able to watch the full video so specific questions/topics are time stamped below for ease of viewing:

[1:54](#) Will we seek planning permission for staff use of The Lady Helen Car Park?

[5:23](#) Disabled parking bays by non-disabled badge holders

[6:28](#) Any update on the uniform changes Caroline mentioned?

[8:11](#) Uniforms being worn in public

[10:10](#) Should staff be paid for a standardised time period during a shift?

[12:27](#) Update on the 36 hour week agreed as part of agenda for change/is NHSG considering a 30 hour week?

[15:05](#) Board member and executive visibility

[19:09](#) Responding to feedback on the decision not to reopen the staff gyms

[23:25](#) Whistleblowing/ED Pressures

[28:27](#) Waits for laptops to allow working for home

[30:50](#) Mandatory/statutory training gaps highlighted by trainee doctor strike?

[An audio version is available to listen to on SoundCloud](#), but due to technical issues, the transcript is currently unavailable. The next session of Ask Caroline will be published in October. If you want to put your question to Caroline or give feedback email gram.communications@nhs.scot (please indicate if you would like your question to be anonymous).

Pension scheme changes Last week we shared some detailed information with you regarding upcoming changes to the pension scheme. [This is available to read here](#) if you have not had the chance already; we promised to make an FAQ available to you and we are pleased to say this is attached to the email used to send out today's brief.

Road closure, Foresterhill Health Campus With apologies for the short notice, please be aware part of the access road which runs alongside the Radiotherapy building at Foresterhill will be **closed** from 7am-4pm this Saturday (30 September). This is to allow for the removal of a scanner and associated equipment. There will be signage in place, please follow the local diversions.

Physician Associate CPD event A CPD event for Physician Associates will take place next Friday (6 October) at the Suttie Centre. Anyone currently involved with PAs, wishing to be a PA in the future, or simply interested in finding out more about the role is warmly invited from 2pm onwards.

Realistic Medicine and Value Based Health & Care Conference We are very pleased to share this 'Save the Date' for the upcoming Realistic Medicine and Value Based Health and Care Conference, being run simultaneously in NHS Grampian and NHS Orkney on **Tuesday 28 November**. The conference will be an all-day hybrid event. The local in-person location is the Aberdeen Dental School; numbers for in-person delegates are limited, so if this is your preference, please let us know by emailing gram.realisticmedicine@nhs.scot before **Tuesday 10 October**. This conference is going to be different...it's all about you. The working title of the conference is "**Realistic Medicine and Value Based Health and Care - A Conference for Showcasing, Sharing and Spreading Good Practice**". The theme of the day is about giving you the opportunity to reflect on how you demonstrate [Realistic Medicine](#) and [Value Based Health and Care](#) in your work.

- There is an open invite for guest speakers as we know there are so many excellent examples of putting the principles and ethos into practice. This is the time for you to celebrate these and share the difference they make to those you work with and for. If you are interested in doing this, please let us know by **Tuesday 10 October**.
- We are also accepting posters until the **14 November**, to give you the opportunity to share your amazing work. Please email gram.realisticmedicine@nhs.scot for a template or use one of your own; the deadline is the same.

The event programme will be shared with you shortly along with information on how to register. Please feel free to share widely with your colleagues.

NHS Scotland Global Citizenship Programme This programme aims to increase NHS Scotland's global health contribution, by making it easier for all NHS staff to participate in global citizenship, both here in Scotland and overseas. It was formally launched in June 2018. Lead Champions are in each NHS Health Board and work to encourage and support global citizenship within their local network. The Global Citizenship programme is hoping to widen participation and engagement through all staff groups. Interested staff can join either:

- The Champions Register - For staff actively engaged in global citizenship & global health work, who recognise the benefits to themselves, NHS Scotland and partners, are keen to share ideas, experiences, difficulties, practical solutions and act as advocates for global citizenship

- The People Register – For staff interested in becoming involved, but with no (or limited) experience, wanting to find out about opportunities for local or national networking and information events or who can identify champions within their board as a first port of call for further information

To find out more, get in touch via gram.workforce@nhs.scot and/or visit [Welcome - NHS Scotland - Global Citizenship \(scottishglobalhealth.org\)](https://www.scottishglobalhealth.org)

Tune of the day Thanks to Dan Brown (assistant domestic services manager) for today's request. He's off to see a reunited blink-182 in a few weeks and their latest song – [One More Time](#) – has been on repeat for him. It's a reflection on the ebb and flow of relationships within the band, but it will strike a chord for many of us, as we think about those we were once close to, but have lost touch with (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot