

Friday 4 August 2023

Chair's blog The Grampian NHS board met yesterday in Elgin; the Chair, Alison Evison, has written a short update for you all, [which you can read here](#).

Loop road closure – staff car parking Please note, due to the Loop Road closure this weekend, the staff (shale) car park will be **closed** tomorrow (Saturday 5 August). You should instead use Level 6 and above of the multi-storey car park. Our apologies for not highlighting this in previous items about these works.

Diabetes in Grampian Facebook Page The Healthier Futures Diabetes Working Group have set up a Diabetes in Grampian Facebook page with the purpose of raising awareness of the help and support that is available to those in Grampian living with diabetes and their carers, and providing information for healthcare professionals. Search Diabetes in Grampian in Facebook, give us a like, and encourage others to do the same. If you would like to have a diabetes post uploaded to the Facebook page, please email gram.diabetessocialmedia@nhs.scot

Leading an Empowered Organisation (LEO) programme Some of you have reported difficulties viewing the flyer online for this programme, so it is attached to the email used to send out this brief. The programme is of interest to staff nurses, midwives, AHPs, healthcare scientists and psychologists. If you would like to take part, contact gram.practiceeducation@nhs.scot for dates.

RGU journal club Do you want to build confidence in reading research papers? Do you want to keep abreast of nursing and midwifery professional practice? A journal club is a good way of achieving this. RGU's school of nursing, midwifery and paramedic practice has extended a most kind welcome to all NHS Grampian nurses and midwives to take part in their journal club. The next session will take place on Wednesday 9 August at 12noon. No need to book, [just click on this link to join the meeting](#). If you want to be included in future invitations, please contact Nick Adams to be added to the distribution list n.adams5@rgu.ac.uk

That was the week that was If you've missed a brief through the week, here are the key items shared:

Monday 31 – waiting list validation – trial of text scheme, new resus training

Tuesday 1 – RAAC update, reminder WhatsApp is not to be used for NHS business, patient catering supply issues

Wednesday 2 – linen services update, iMatter action planning, Race for Recipients

Thursday 3 – further RAAC update, HCPC renewal reminder, new patient catering supply issue

[All briefs are stored online, just click this link.](#)

STAR Award No presentations to share this week. Remember, the STAR Awards are your awards. If you want to put forward a colleague or team, you can [complete the online nomination form](#), or email the details to gram.staffthanksandrecognition@nhs.scot

NHS discount – Aberdeen Sports Village Until the end of September, NHS staff can access half price day passes for Aberdeen Sports Village. A day pass gives you access to the gym, classes, the pool, and athletics facilities. Day passes must be purchased online, on the day of use, selecting ‘concession day pass’ when you book. [More information is available on the ASV website](#) – please note you must show your NHS badge on arrival.

Tune of the day We’re sharing the love on a Friday with our requests; [Here Comes the Sun](#) is dedicated to everyone working in the laundry. It has been a tough few weeks for them, but they’ve stuck together and risen to the occasion. Secondly, Beth Thomson has asked for [Happy by Pharrell Williams](#), for the City HSCP Occupational Therapy team, for no other reason than they are a fabulous, positive team!

If that’s all too fluffy and lovely for you, then Fiona Campbell has got your back! James Hetfield of Metallica turned 60 yesterday, proving there is no upper age limit to rocking out. Fiona is a fan of their early tunes, so here’s [Harvester of Sorrow](#), live at Donnington in June

If you’re planning some down time over the weekend, enjoy! If you’re on shift, stay safe. We’ll be back on Monday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot