

Monday 8 April 2024

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**Social Media Use – a reminder** There is no doubt social media can be a positive force but, as we're sure you are all aware, it can also have a negative impact. Regrettably, we continue to see situations where current members of NHS Grampian staff have posted – anonymously or otherwise – comments and material which are disrespectful, call into question the professionalism of colleagues, or risks confidentiality. These incidents are rare, but they cause a great deal of distress to those involved.

We have [Personal Use of Social Media guidance](#) in place, and we would urge all colleagues to read it. Those of you registered with professional bodies such as the GMC, NMC, or HCPC, should also carefully read their policies and understand how they apply to you.

Social media is an excellent tool to share achievements, new developments, and the stories of the people we care for, and the people caring for them. It is not an appropriate forum for raising concerns. If you have concerns, please discuss these with your line manager, your staffside rep, or via the Whistleblowing service: [Whistleblowing \(nhsgrampian.org\)](https://www.nhs.uk/whistleblowing)

**Car crime** Unfortunately car crime does happen and if your car is broken into or stolen, it is likely that the thief will take any bags they find. If you have left notes or devices like your laptop in your car, they will be taken and information about you, your patients and your colleagues will be in the hands of criminals. Please do not leave notes or devices in cars or other vehicles when they are unattended.

**Drug and Alcohol Care Team (DACT)** The Drug and Alcohol Care Team (DACT) was established in January 2022 under a 2-year test of change using short term funding from both local and national sources. This has now come to an end, and we are unable to continue funding the service. As a result, DACT in its current capacity will come to an end and service provision will revert to the Alcohol Liaison Service.

For now, the DACT team will continue to focus on delivering patient care Monday – Sunday 8am-4pm and can continue to be contacted through existing channels. Work is underway to plan service delivery around reverting back to the Alcohol Liaison Service and to endeavour to mitigate the loss of the expanded service. If you have any queries, please email [gram.MUSC-SLT@nhs.scot](mailto:gram.MUSC-SLT@nhs.scot).

**Retail catering menus** We often receive requests to publish the menus on offer in our retail catering outlets to be shared in advance. We're pleased to say the lunch menu for the Pink & Orange Zone cafes in ARI is [now on the intranet \(networked devices only\)](#); we hope to add menus from other cafes soon.

**New RACH website** The team at RACH have been keen for some time to establish a standalone website for the Children's Hospital and Children's Services. Feedback from families suggests it is difficult to find information specific to paediatric services across, and staff were also keen to establish a secure and efficient means of sharing resources and self-help guides with patients and families. Major Trauma Coordinator Nina Currie decided it was time to turn thought into action and established a Short Life Working Group in late 2021 to tackle the project. Nina championed the initiative, engaging colleagues from many other wards and departments to help gather the information for the site and enlisting support from The Archie Foundation to create it.

The new website [www.rach.scot.nhs.uk](http://www.rach.scot.nhs.uk) is now in "soft launch" phase, and we wanted you to be the first to see it. We would welcome feedback and any suggestions from paediatric colleagues for additional content. Our aim is to fine tune the site over the next week or two prior to launching it publicly. The RACH Short Life Working Group would like to thank everyone who has contributed to this important project, it really has been a tremendous team effort.

**Leading person-centred cultures and care** The next cohort of 'Leading Person-Centred Cultures and Care @ NHS Grampian: An NMAHP Leader's Programme' will take place next week. Further dates for 2024 are available and we are accepting applications for all cohorts. More information and an application form can be found here (intranet link, networked devices only): [NHS Grampian News - Leading Person-Centred Cultures and Care... \(scot.nhs.uk\)](#)

**Correction – volunteering at Aberdeen Vaccination & Wellbeing Centre** Our apologies for the incorrect email address included in the newsletter from the Aberdeen Vaccination & Wellbeing Centre. If you are interested in volunteering in the community hub, please contact [gram.acvcbonaccordbookings@nhs.scot](mailto:gram.acvcbonaccordbookings@nhs.scot)

**Pause for thought** How are you feeling today? In what ways did this shape your day - is this the shape you wanted for your day?

**Tune of the day** Yes, I know we'll mostly miss the opportunity to watch the solar eclipse, but I'm not passing up the chance to play [Total Eclipse of the Heart!](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)