

Here is the brief for Thursday 10 February 2022.

Message from the Chief Executive: “Thank you once again for the questions you’ve sent in since my last video update. My next Q&A video will focus particularly on workforce queries. I’ll be recording it next week and I look forward to answering your questions.

“In the meantime, instead of a video today, I’d like to share just one example of the remarkable feedback (below) which I receive from members of the public about the work you do virtually every day.

“While the circumstances in this example are unique, the sentiments aren’t. It’s just one illustration of the awe-inspiring difference you – wherever you work in health and social care - have helped make for people and their families by coming to work today.

“It can be too easy to take that for granted. There are few – if any – professions that make that kind of difference and even less who do so every day.

“Be proud of yourself, keep your head held high and remember we will move forward through this.”

Prof Caroline Hiscox, Chief Executive

Feedback shared with kind permission: *“I’ve never really needed to use the NHS except for having children and the basic GP visits. I’ve always taken the NHS for granted but, on the 16th Jan, I met with a very unfortunate accident which has just opened my eyes to the extraordinary ‘thing’ that we all assume will always just be there.*

“I was competing in a motorcycle trial just outside Montrose when the accident happened. We were in the middle of nowhere but an ambulance and air ambulance responded within 45 mins and I was airlifted to ARI.

“I cannot praise your staff enough - at a time when we all know that everyone is stretched and there are gaps due to the pandemic, every single member of the team involved with me was extraordinary.

“The ambulance staff and air ambulance team, the team who assessed me in the emergency department, David, Claire and Joseph (student), to the consultant team under Mr Khan (ortho) and the staff in the ward - 213.

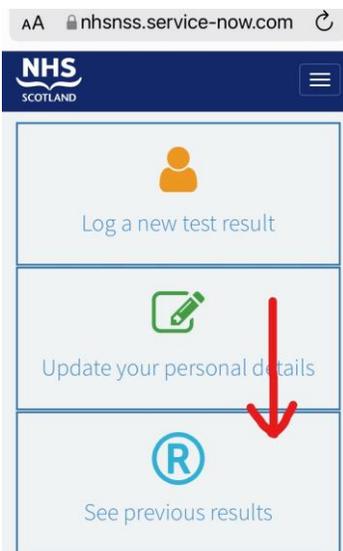
“Every single person goes above and beyond on a daily basis with every single patient. I feel quite overwhelmed just thinking about it now. Of course, none of us have any clue about all of the work that goes on to coordinate care for patients until we experience it but I have been completely blown away by it all.

“Even the food (which hospitals are often vilified for) was good. Tasty and varied - I was so very impressed with it all.

“A lot of what we hear on the news about the NHS these days is difficult - we all know that there are funding issues and the pandemic has created an unbelievably challenging environment but what I experienced in your region was a nugget of golden brilliance and I am so hugely grateful.”

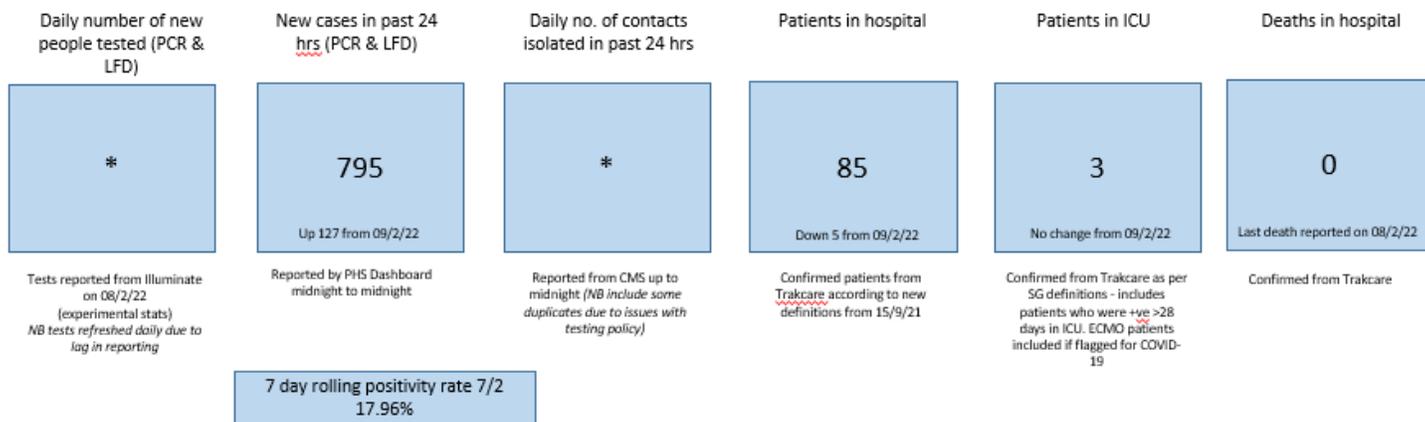
“With my thanks to all your amazing team - from consultants and the nursing team right through to cleaning and catering staff.”

Proof of negative LFDs for exemption from self-isolation Managers are reminded that they must obtain proof of negative LFD tests from staff who are seeking exemption from self-isolation. This should take the form of a screenshot [from the results portal](#) - this photo shows where individuals can see their results listed:



Face coverings in classrooms The Scottish Government has announced that secondary school pupils and staff will not be required to wear face coverings in classrooms from 28 February. Face coverings will still be required in communal areas, subject to future review. Ministers have stressed teachers and pupils who wish to continue to wear a face covering in the classroom should be fully supported in doing so. Specific arrangements covering assemblies and transition visits for learners who will start primary or secondary in August 2022, will also be eased as of 28 February.

Grampian data Please note, due to technical issues today, we are unable to present a full local report. The data which is available is shown below; we apologise for any inconvenience. A complete national report, including the option to view cases at a neighbourhood level, [is available via the Public Health Scotland daily dashboard](#).



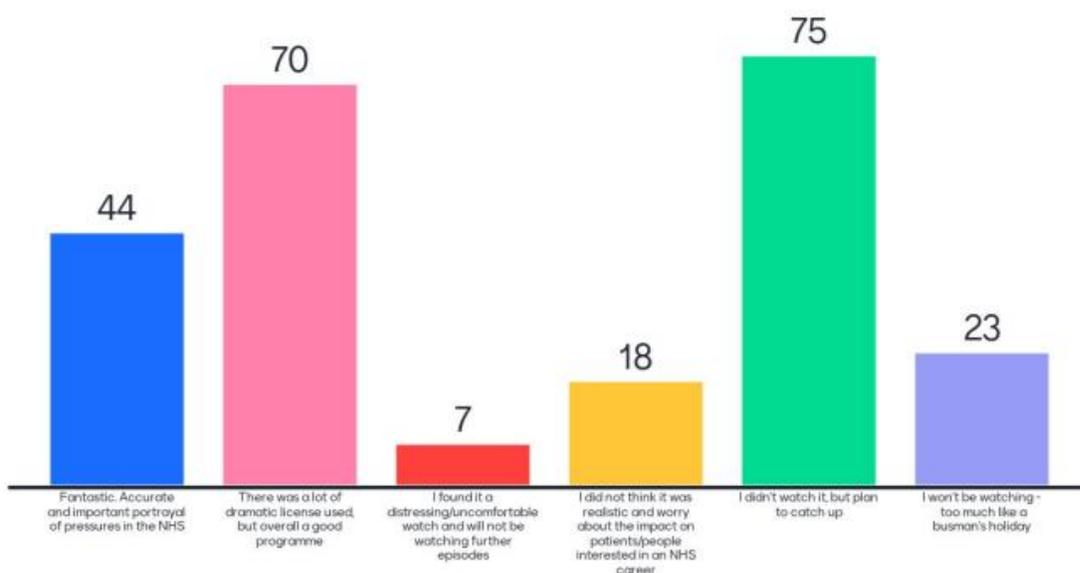
* Data unavailable due to technical reasons

Air Ambulance Re-procurement Consultation The Scottish Ambulance Service's air ambulance operation mainly transfers patients to and from hospital from remote, rural and island communities. This includes providing air ambulance services to support ScotSTAR retrieval teams. The aircraft used by the Air Ambulance Service are provided as part of a managed contract which is currently due to expire on 31st May 2024. As part of the contract review process, we want to ensure we gather opinions from everyone with a view on this important service before air ambulance arrangements are renewed. Please [tell us your thoughts via this questionnaire](#) or by visiting the Scottish Ambulance Service website at www.scottishambulance.com

Question of the day Thanks to the 237 of you who entertained my curiosity about the BBC series This Is Going To Hurt. The options don't show up terribly well on the results; they were as follows:

- Fantastic. Accurate and important portrayal of pressures in the NHS
- There was a lot of dramatic license used, but overall a good programme
- I found it a distressing/uncomfortable watch and will not be watching further episodes
- I did not think it was realistic and worry about the impact on patients/people interested in an NHS career
- I didn't watch it, but plan to catch up
- I won't be watching - too much like a busman's holiday

What did you think of This Is Going To Hurt?



Tune of the day I heard this on the radio this morning and knew this had to be our tune of the day: the ever wonderful [Liza Minelli with Life is a Cabaret](#). I defy anyone to not have their spirits lifted by this one.

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot