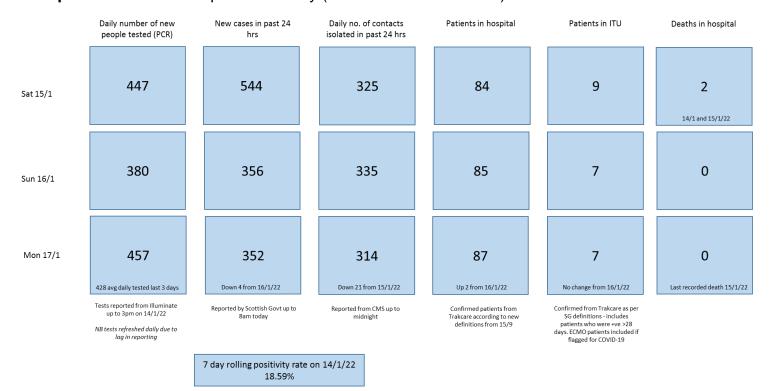
## COVID-19Brief



Here is the brief for Monday 17 January 2022.

Grampian data The local update for today (and across the weekend) is shown below.



The Public Health Scotland daily dashboard is available to view via this link.

**REMINDER: Upcoming TrakCare Improvements** As highlighted last week, to support future features and improvements, we are pleased to announce changes to the **Order Comms New Request** screen effective from **tomorrow (18 January).** 

- The New Request screen has been reformatted with a new look while retaining the same functionality.
- The eLearning module on Turas has also been redesigned to include the updates and can be accessed here (you will need to log-in to your Turas account).

The updated user guide can be accessed <u>here</u> (networked devices only) and the New Request screen can be found on Page 3. Should you require any further guidance, we would be happy to hear from you at the <u>EPR Training Support Channel</u> anytime between 8am and 4pm Monday – Friday for quick response from one of the eHealth Applications Training and Facilitation Team.

**Opportunity for reflection** Thanks to the Guided Journaling team, here's your opportunity for reflection for the week ahead: *It's hard to be still when everything around us is in flux. Yet, choosing to still our minds and be present helps us find strength and courage. Where in your days can you find a few moments to still your mind and find strength and courage?* 

If you're interested in taking part in Guided Journaling, <u>you can find out more on the We Care website</u>, just head to the events calendar.

**Positivitree** Here is the latest Positivitree – if you've not seen one of these before, they are the product of a series of public engagement sessions, as part of the development of NHS Grampian's Plan for the Future.



**Thought for the day** Hand on heart, I swear I am not recycling material for this! However, as there's been yet another round of 'Blue Monday' stories published today, I feel duty bound to go back to the brief from this time last year and remind you that the whole concept of 'Blue Monday' was cooked up by a travel firm who were trying to drive up bookings. Now that's cleared up – how are you? I am genuinely asking. Alongside the 'Blue Monday' stories, there have been a number of articles and think pieces on how we're 'turning a corner' with COVID (logic would suggest that if you turn lots of corners, eventually you end up back where you started, but that's for another time) – is that your experience? Are you swimming, treading water, or in danger of being pulled below the surface? What do you need from us? Our inbox is always open (see below) – we can't promise answers every time, but this is your brief, and we want to be talking about the things that matter to you.

**Tune of the day** I hope you'll forgive me (it's Emma Pettis, by the way) for picking today's tune – it's dedicated to all my colleagues, who stepped up and stepped in during an unexpected period of leave. I invite you to join me, them, and Otis Redding, <u>Sittin' On The Dock Of The Bay</u>.

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via <a href="mailto:gram.communications@nhs.scot">gram.communications@nhs.scot</a>