

Here is the brief for Tuesday 3 May 2022.

Further extension of hospital visiting From tomorrow (4 May), the following wards/hospitals will be offering person-centred visiting (newly added areas are in italics):

Wards 102, 109, 112, and 114, Aberdeen Royal Infirmary

Paediatrics – RACH and Dr Gray's Hospital

Wards 4, 1, 5, 6, 8, *Stroke ward and AMAU*, Dr Gray's Hospital

Royal Cornhill Hospital, including Great Western Lodge and Polmuir Road

Roxburghe House

Woodend Hospital (all wards)

Rosewell House

All Aberdeenshire Community Hospitals

Muirton ward, Seafeld Community Hospital, Buckie

This means in these clinical areas there will be opportunity for patients to have an increase in the number of visitors they have on any given day. The general public are being advised changes to their visiting plans in these areas should not be made until they have had a conversation with the SCN, to ensure all visits can be safely accommodated. We are reminding visitors of the need to stay away if they are at all unwell (with symptoms of COVID-19 or any other infections) and that free LFD test kits can be ordered by hospital or care home visitors. We are also emphasising the use of Fluid Repellent Surgical Masks, in preference to fabric face coverings, and frequent hand hygiene during visits.

Those wards/hospitals not listed above should continue to support visits by a maximum of two people, per patient, per day.

WhatsApp All staff are reminded that WhatsApp is NOT approved – and should not be used - for either internal NHS business or communication with patients. This is due to both security and privacy issues with this platform.

Smarter Workplaces Guidance continues to be developed to support a move to hybrid working, with pilot areas testing out different approaches. As a reminder, we should continue to work at home where possible, while using this time to plan what hybrid working will look like for different teams/services. It may be helpful to take a look at this [Vision, Principles, and Enablers document](#) developed by the Smarter Workplaces team. This is also available in the Workplace Information section of the COVID-19 staff pages on the NHS Grampian website.

Grampian data The local update is shown below; [the PHS daily dashboard can be viewed here](#). As noted in the chart below, changes to testing policy effective from 1 May will see a reduction in both the quantity and quality of testing data. As such, this is the last day we will share those figures.

	New cases in past 24 hrs	Patients in hospital	Patients in ITU	Deaths in hospital
Sat 30/4	n/a	106	3	3 <small>On 28, 29, 30/4/22</small>
Sun 01/5	166	108	3	0
Mon 02/5	140	112	3	0
Tues 03/5	103	104 <small>Down 8 from 02/5/22</small>	3 <small>No change from 02/5/22</small>	0 <small>Last death 30/4/22</small>
	<small>Reported by PHS Dashboard. Changes to testing policy from 1/5 will lead to a reduction in the quantity and quality of available daily data.</small>	<small>Confirmed patients from Trakcare according to new definitions from 15/9</small>	<small>Confirmed from Trakcare as per SG definitions - includes patients who were +ve >28 days. ECMO patients included if flagged for COVID-19</small>	<small>Confirmed from Trakcare</small>

NHS Grampian Nurseries update We have two important events coming up at the NHS Grampian nurseries:

- An open morning will take place on Saturday 7 May, for all parents interested in a nursery placement within one of the NHSG Nurseries. This event will run from 9-11.30am for both Little Acorns Day Nursery and Woodend Nursery. If you would like to visit one (or both) of these nurseries, [please complete this form](#); this allows the team to keep track of the numbers of visitors.
- Also on Saturday 7 May, there will be an open afternoon for those interested in Modern Apprenticeships in the nursery team. This is for those aged 16-19 and gives them an opportunity to visit the nurseries and meet the staff team. Again, the open afternoon will take place at Little Acorns Day Nursery and Woodend Nursery. To arrange a visit to either (or both) [please complete this form](#) (it is a different form to the parents' open morning, for information).

Scottish Learning Disability week 2022 This annual campaign got underway yesterday. The theme this year is 'We all have human rights'. Emma is one of the Speech & Language Therapists in the Learning Disability team; [in this video](#) she explains more about the importance of communication. The LD team have put together a series of slides on what human rights mean for people with learning disabilities. It has been attached to the email used to send out this brief, along with an easy read version of the Human Rights Act articles.

Pause for thought Taken from last week's Guided Journaling sessions, here is your weekly opportunity for reflection:

How we describe what we notice and feel reinforces what we think we see. Our words shape the way we interpret what is going on around us. How do your words shape your reality? How might your perspective change if you chose some different words?

Bill Bailey ticket offer The team at P&J Live have kindly offered another NHS discount, this time for Bill Bailey's show at 8pm next Monday (9 May). Tickets have been reduced to £15 each, with a limit of two tickets per purchase. [Tickets are available here.](#)

Tune of the day Patricia Weaver, part of the team at the Fiona Elcock Vaccination Centre in Elgin, makes today's request. This one is dedicated to all the vaccination teams across Grampian, now hard at work on the Spring booster campaign; [Let's Go Round Again by Average White Band.](#)

If you want to request a tune (you don't have to be retiring, it can just be a song you like!), follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot