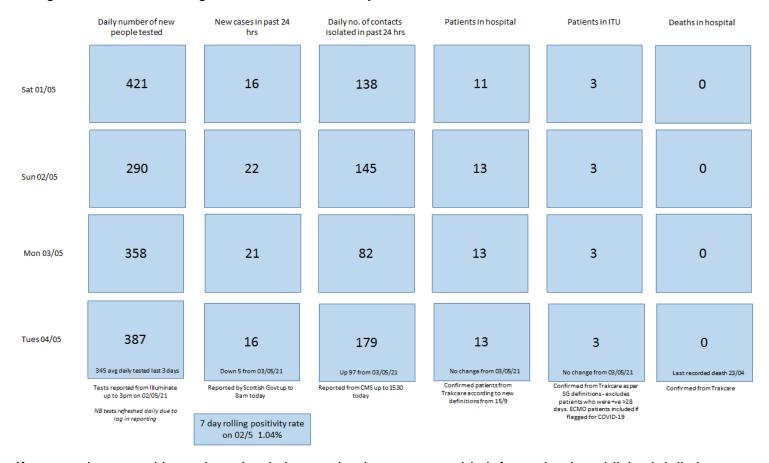
COVID-19Brief



Here is the brief for Tuesday 4 May 2021.

Grampian data The local figures for today (and across the long weekend) and the 7-day rolling positivity rate are shown below. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories, whereas the figures we show here only record new tests.



If you are interested in seeing what is happening in your area, this information is published daily by Public Health Scotland. All you need to do is click <u>here</u> and select the appropriate local authority area.

World Hand Hygiene Day – to glove, or not to glove? The point of care delivery is the place our patients, our workforce and environmental surroundings come together, where we are enabling the provision of direct care and treatment. The overuse of gloves increases the risk of infection to patients at the point of care delivery, where the 5 moments of hand hygiene become most critical. Overuse of gloves can prevent hand decontamination opportunities being undertaken, is inappropriate, and gives false assurance to the wearer. The use of gloves for many tasks is unnecessary. So, as a current healthcare worker, such as a domestic, a porter, or one of our direct care providers (nurse, medic, AHP) are you:

- Only ever using gloves when absolutely necessary?
- · Undertaking hand hygiene at the right times?
- Have you started using more gloves than previously, or double gloving due to COVID-19?

Click on the link, for a reminder of when gloves are required <u>Appendix 5 - Glove selection chart</u> (<u>scot.nhs.uk</u>) If you require further advice or clarity, please discuss this with your supervisor, your line manager, the local hand hygiene auditor or the Infection Prevention & Control Nurse aligned to your workplace.

COVID-19 pandemic delaying or cancelling treatment, operations or post-op rehabilitation which impacts on an employee's ability to return to work The Scottish Terms and Conditions Committee has issued national guidance - STAC (TCS09) 2020 to support staff when there has been a delay in treatment or rehabilitation, or the local absence management process was paused due to the pandemic. Available options to facilitate an employee's return to work should be explored as the first stage. Options may include homeworking, working alternative hours or an alternative shift pattern or redeployment into an alternative role. Where an employee cannot return to work half sick pay can be extended. The HR Covid Q&A provides additional information including the action required of managers. Advice can also be sought from the Operational HR Team on Ext 52888 / gram.hr@nhs.scot

We Care programme – opportunities for staff:

Staff wellbeing check-ins These are an opportunity for you to share what's going on for you right: the good, the bad and the ugly, be that practical or emotional, with no judgement, advice or otherwise; hear about wellbeing and other supports; and think about what you need going forward. It is also a chance to meet colleagues from different areas. A series of questions are posed to participants and then individually they are invited to share their thoughts on each question. You can say whatever is on your mind in relation to the questions - there are no right or wrong responses – and there is no compulsion to answer.

Dates: 26 May (11-12.30)/27 May (1.30-3)/22 June (3-4.30)/24 June (1-2.30). All delivered via MS Teams. To book, please contact heather.haylett-andrews@nhs.scot

Promoting resilience in the workplace Operated by the North East Learning Collaborative, this session enables managers, supervisors and team leaders to create a greater understanding of how to build personal resilience in their workplace and provide them with the knowledge and skills to deal with issues that arise. Further information on the course, including dates and times, and a booking form, has been attached to the email used to send out this brief.

National Widows Day Thank you to colleagues who alerted us that yesterday was National Widows Day. We want to acknowledge all those who have been widowed over the past year, whether due to COVID-19 or other causes. Widowed and Young (WAY) is the only UK charity to support those who've lost a partner before their 51st birthday - married or not, with or without children, whatever their sexual orientation. The Good Grief Trust is also a valuable source of information and support.

Nursing & Midwifery Post Registration Funding - Application Window Now Open Applications are now being accepted from registered nurses and midwives to help fund post registration degrees and professional development courses during the academic year 2021-22. The closing date for applications is the 31st of May 2021 and further information can be found within the application document - found here.(Intranet link, networked devices only) If you have any questions, or cannot access the link, please do not hesitate to contact us at gram.practiceeducation@nhs.scot

Tune of the day The weather took a distinctly autumnal (cold & wet) turn today, so this has influenced our pick – thank you to Lesley McDonald (treatment room nurse, Great Western Medical Practice) for suggesting this Earth, Wind & Fire classic!

Questions to ask? Information to share? If you have particular questions – or are aware of questions coming from friends and family – please share them with us. We may not be able to answer every question and it may take us time to get a proper answer, but we will endeavour to respond and share the answers. You can get in touch with us via gram.communications@nhs.scot. Please also use that email address if you have items for consideration for future briefs.