

Daily Brief...



Tuesday 22 November 2022

Social care access to Trak Care – pilot scheme In an exciting development, we are to provide care management teams with direct access to healthcare records, to improve care planning for people across the region. At present, social care teams in Aberdeen City, Aberdeenshire, and Moray must request information from NHS staff. During the trial, care management teams will be able to access TrakCare directly. Strict data controls will be in place, and care management teams must meet the same standards as NHS Grampian staff before access to TrakCare is approved. The pilot will run for six months. It ties in with the Plan for the Future by showing whole-system working and putting people at the centre of their care. [The Privacy Notice relating to this pilot is available to view here.](#)

Your Role in the Discharge without Delay Programme In September, we launched the Discharge without Delay (DwD) programme in Grampian. This week, we look at the role we all must play in ensuring its success. To maximise planning time for onward care and support, and to enable robust logistical arrangements to be made, it is important to involve patients, families, and carers in the discharge planning conversation and embrace a multi-agency approach to plan effective discharges from the earliest possible point after admission. The 'Home First' approach and the 'Discharge to Assess' ethos need to be adopted across the system, ensuring decisions are made seven days a week. A delay on any of these fronts means someone well enough to leave the hospital unnecessarily takes one of our beds.

Everyone in a patient-facing role plays a part in this process, including managers and some administrative staff. Please watch this video: [Help and support for a flying start](#). For more information, contact Discharge without Delay Programme Manager, Serena Venegoni at serena.venegoni@nhs.scot

AHP dementia information event People with dementia and/or those who care for them are invited to an information event in Aberdeen on Monday 5 December. Taking place at the Dementia Resource Centre on King Street between 10am and 1pm, dietitians, speech & language therapists, podiatrists, occupational therapists, and physiotherapists will all be available for informal discussions. All welcome!

Help shape future of heart disease research with workshop in Aberdeen A free event at RGU will aim to better understand and prioritise the future needs of cardiovascular patients across the north of Scotland. Taking place next Wednesday (30 November) from 10.30am to 4pm, it will bring together members of the public, researchers, and the NHS amid strong ongoing research into this vital area. The day, organised by the [NHS Research Scotland Cardiovascular Network](#), alongside NHS Grampian's clinical research team, will give patients with heart disease, and their carers, an opportunity to find out more about current research and have their say on where efforts should be focused in future. You can find out more details about the event and [book your place here.](#)

Secret Santa draw Are you in need of a break? Make sure you enter the Secret Santa draw; we have 38 vouchers for an overnight stay for two at Gleneagles up for grabs. [Read the terms and enter here](#) (intranet link, networked devices only) or scan the QR code below if you are reading a printed copy of the brief. One entry per employee. If you manage people who do not have an active email address or easy access to a computer, please contact us at gram.staffthanksandrecognition@nhs.scot



Tune of the day Thanks to Lynne Garrett from the secretarial team at RACH for today's request. The 'top floor team' have their Christmas night out this weekend; as it includes a Spice Girls tribute act, they've asked for '[Spice Up Your Life](#)' (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot