

Daily Brief...



Friday 5 August 2022

iMatter This year's reports were issued on Tuesday, we hope teams have had an opportunity to look at them. The deadline for action plans is 12 noon on Tuesday 27 September. This is your opportunity to discuss as a team - and with your manager - what is important to you. What can you as a team work on to improve the daily work experience? It's also an opportunity to celebrate the things you do well. Remember, if you work in Nursing & Midwifery or Facilities & Estates and took part in the Culture Matters survey, action planning from that can also be used in iMatter plans.

We are offering iMatter Action Planning sessions for all managers with an iMatter team. To book your slot [on TURAS follow this link](#). If you have any queries about the training email gram.imatter@nhs.scot.

That was the week that was If you missed a brief this week or just aren't sure when an item was included, here's a quick run through of the key items shared. [All briefs are available online here](#).

Monday 1 – Updates on Infection Prevention & Control procedures, Smarter Working manager's toolkit, engagement sessions on the National Care Service.

Tuesday 2 – Redesigning urgent care pathways in ARI, survey on proposed anti-racism posters, AHPs support & supervision survey.

Wednesday 3 – how to delay sending emails, COVID update, Grampian finalists in Scottish Social Services awards.

Thursday 4 – video update from Caroline Hiscox, update to Patient Placement Tool (effective Monday 8 August), request to collect ordered uniforms from Linen Services

STAR Award Presentations are still to be arranged for our latest STAR award winners, so we're keeping names under wraps this week. If you want to nominate a colleague or team for an award, you can either email the details to gram.staffthanksandrecognition@nhs.scot or [complete the online form](#).

As a reminder, a formal NHS Grampian retirement memento package is now available. The pack includes a personalised certificate, an enamel badge, and a crystal paperweight. Individuals can request their own pack at retirement, or they can be requested for a local presentation. Full details, including a link to the request form, [are available on the STAR Awards Intranet page](#) (networked devices only)

Tune of the day We round off the week with a request from Karen Henderson, dedicated to the vaccination team in Stonehaven. They have moved into their new home this week, after a tricky few months, so she's asked for [Our House by Madness](#)

I know some of you like to see a poem shared in this slot from time to time, and I am happy to oblige. This is The Mountain by Laura Ding Edwards. It's been a(nother) busy week. The week before was busy. The week ahead will likely be the same. I hope you get the opportunity for a quiet kind retreat this weekend (EP).

If the mountain seems too big today, then climb a hill instead
If the morning brings you sadness, it's okay to stay in bed
If the day ahead weighs heavy and your plans feel like a curse,
There's no shame in re-arranging, don't make yourself feel worse
If a shower stings like needles and a bath feels like you'll drown
If you haven't washed your hair for days, don't throw away your crown
A day is not a lifetime, a rest is not defeat
Don't think of it as failure, just a quiet kind retreat
It's okay to take a moment from an anxious fractured mind
The world will not stop turning while you get realigned
The mountain will still be there when you want to try again
So climb it in your own time and love yourself 'til then

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing,
drop us an email via gram.communications@nhs.scot